



ACCESS YOUR NATURAL HEALING POTENTIAL



Learn 5 simple, yet powerful techniques to strengthen the brain, body & immune system. Self-care and Family-care accessible in less than 10 minutes a day.

- Improve mental clarity
- Reduce stress and pain
- Increase energy levels
- Reduce sick days
- Aid emergency healing
- Enhance physical performance

SPRING CLASSES

Free Public Talk 7-8:30pm
Thursday, Feb 25th

1-Day Workshops \$150*

Saturday, Mar 13th
10:00am – 5:00pm
or
Sunday, Apr 18th
10:00am – 5:00pm

Crystal Springs Energy Medicine
214 De Anza Blvd.
San Mateo, CA 94402



Lisa Sullivan is an Advanced BodyTalk practitioner who teaches Access as part of her commitment for people to access their human potential. Her classes are informative and inspiring. Her experience as a Structural Engineer, Architect and Meditator provides a multi-dimensional approach to teach and facilitate change in the dynamic mind-body system.

Access Training is certified by the International BodyTalk Association to empower families and communities to take a lead in their own Healthcare. For more information see www.csenergymedicine.com

To register contact lisa@csenergymedicine.com or 650-575-5038

*Sign up two weeks early and receive a \$20 discount on a BodyTalk session with the Instructor.

C.E.U.'s available from NCBTMB for \$10 add'l. \$50 for monitors.